



1111 North 3rd Street
Phoenix, Arizona 85004
Phone 602-264-1444 Fax 602-264-1443

ADOLESCENT CASE STUDY

Seventeen-year-old Jonathan was admitted to the ICU with injuries sustained in a car accident. He has chest tube, multiple broken bones and severe facial lacerations. Jonathan's family reports that he was driving under the influence of alcohol and was not wearing his seat belt. His father says, "How could he be so stupid?" His mother is very concerned because Jonathan appears very depressed. He is eating little, refuses to let anyone bathe him and does not want his friends to visit.

1. It is common for boys Jonathan's age to experience mood changes and unpredictable reactions.

True False

2. Jonathan would most likely enjoy conversing about sports events, music and hobbies.

True False

3. It is better to force the adolescent to do the right things – eating, bathing, etc. – than to encourage him to make his own decision.

True False

4. Normal blood pressure for an adolescent is 150/80.

True False

5. It is important for the adolescent to be afforded as much privacy as possible during bathing, dressing changes, etc...

True False



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YOUNG ADULT CASE STUDY

Mary, a 25-year-old female, is admitted to OB/GYN with a diagnosis of pre-eclampsia. She has 4+ pitting edema of her extremities and her B/P is 200/100. She and her husband have two other children, a 3 year old and an 18 month old who are staying with her best friend, Debbie. She begins crying during the admission process, expresses fear for her unborn child, and concerns for her other children. Her parents live 13 hours away and are unable to make the trip to be with her. She begs the physician to let her go home. She is employed as a legal secretary for the District Attorney.

1. Vehicular accidents, suicide and homicide are the leading causes of death this age group.

True False

2. Self-concepts and a positive body image are not really that important to the early adult.

True False

3. Mary's values and philosophy of life as well as those of her husband are important aspects in planning her care.

True False

4. Mary should be discouraged from verbalizing her fears and feelings because this makes her condition worse.

True False

5. Mary's concerns for her job and career are normal, since this provides personal satisfaction and economic security.

True False

6. Mary will need discharge instruction on developing healthy lifestyle habits: weight control, exercise, family planning, childcare and home management.

True False



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GERIATRIC CASE STUDY

Joe Jackson, age 62, has been admitted to the hospital with a tentative diagnosis of R/O myocardial infarction. He smoked for 20 years, and then quit 10 years prior to resuming one year ago; he now smokes two packs a day. Four years ago, he married Marcie, age 31, after being divorced for five years. Marcie is currently eight months pregnant with their first child. All of his family is at the hospital: 2 sons, ages 28 and 31, and a daughter, age 37, all from his first marriage. He is depressed about the possibility that he may have heart disease. He has always watched his weight and exercised 3 or 4 times a week. Recently, the company where he worked for 30 years merged with a larger company. He is the Director of Finance.

1. It is important task for the health care provider to assist Mr. Jackson in prolonging the period of optimal physical, mental and social activity throughout his illness.

True False

2. Developing a personal view of death is too stressful for Mr. Jackson and any references to such should be avoided.

True False

3. It will be a major source of stress for Mr. Jackson to accept his live with physical limitations.

True False

4. Mr. Jackson and his wife have the same developmental tasks in common, which will make his illness easier to accept.

True False

5. Physical changes that accompany cardiovascular disease will be a major source of stress for Mr. Jackson.

True False

6. It is important to assist Mr. Jackson in redirecting his energy and talents as he adjusts to his chronic condition.

True False

7. After Mr. Jackson's discharge, he and his wife will need to be taught about a diet high in fiber, low in sodium, sugars and calories.

True False

Signature

Date